STATEMENT(S)

Our society does not offer much support to families with children. Moms are stuck piecing things together, wasting valuable time and energy seeking out various services. Moms deserve to live whole and healthy lives where their happiness and success is not neglected but instead complements their family work.

MISSIO

To provide time, space and resources for moms to care for themselves and their families so they can be their best for themselves and their family and the community can benefit from their energy and talents.

		OUTCOMES		
Activities	Outputs	Short term	Medium term	Long term
- Community School where members teach classes and workshops for one another - Mentoring mom to mom - Family Circle weekly potluck for the whole family - Selfcare workshops for moms - Parenting workshops for moms and partners - Co-op playschool where moms can drop off kids for up to 3 hours at a time - Informational resource and service coordination with partner agencies	Offering 3 hour drop-in childcare 2-3x a week A newsletter an/ord other communications with resource information put out monthly Expert led parenting workshop at least 1x per quarter Selfcare workshop for moms at least 1x per quarter Family Circle potluck weekly Small group or one to one mentoring meeting at least 1x month 2-3 community school classes offered each week	Individual level benefits such as: - report being less stressed - report having more time to manage household, take care of work-related tasks, or for self development - report connecting with a resource to address a personal or family need - report learning a new skill	Family level benefits such as: - report that parent/child and/or partner relationships have improved - report increased ability to engage with child/ren on a school project, extracurriculuar or family interest	Community level benefits such as: - report taking on a new or expanded role at work, at school, or in the community - report increased civic participation

KEY ASSUMPTIONS	AREAS FOR DEVELOPMENT
When given adequate time and support, moms can accomplish awesome things for themselves, their families and their communities.	Securing sustained funding